Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. (Currently Amended): A system of regulating receipt of electronic mail comprising:
 - a. capturing means for capturing to capture an outgoing electronic mail message,;
 - b. outgoing electronic mail analysing means for to determining determine an electronic mail address of at least one intended recipient of the outgoing electronic mail message;
 - c. list updating means for to updating update a pass list of electronic mail addresses with the at least one intended recipient of the outgoing electronic mail message;
 - d. incoming mail capture means for to capturing capture incoming electronic mail messages;
 - e. incoming electronic mail analysing means for to determining determine whether an electronic mail address of a sender of the incoming electronic mail message is a member of the pass list and for to forwarding the incoming message to an intended recipient if when the address of the sender is a member of the pass list; and
 - f. analysing means for to determining determine a probability that the incoming message is an unsolicited message if when the address of

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the sender is not a member of the pass list and for forwarding the incoming message to the intended recipient if when it is determined that the probability is sufficiently low that the incoming message is probably not an unsolicited message.

- 2. (Currently Amended): A-<u>The</u> system as claimed in claim 1, wherein the list updating means includes dating means for to dateing a members of the pass list with a date that on which a message was last sent to that the member.
- (Currently Amended): A—<u>The</u> system as claimed in claim 2, further comprising pass list purging means for—to purgeing the pass list of members to which a message has not been sent for a predetermined period of time.
- 4. (Currently Amended): A—<u>The</u> system as claimed in claim 1, further including deletion means for to deleting delete an incoming message for which the analysing means determines is probablythe probability is sufficiently high that the incoming message is an unsolicited message.
- (Currently Amended): A-<u>The</u> method of regulating receipt of electronic mail comprising the steps of:
 - a. capturing an outgoing electronic mail message,;
 - analysing the outgoing electronic mail message to determine an electronic mail address of at least one intended recipient of the outgoing electronic mail message;
 - c. updating a pass list of electronic mail addresses with the at least one intended recipient of the outgoing electronic mail message;
 - d. capturing an incoming electronic mail message,;

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e. analysing the incoming electronic mail message to determine whether an electronic mail address of a sender of the incoming electronic mail message is a member of the pass list;

- f. passing the incoming electronic mail message to an addressee if when the electronic address of the sender of the incoming message is a member of the pass list;
- g. filtering the incoming message to analyse whether the a probability that the incoming message is likely to be an unsolicited message ifwhen the address of the sender is not on the pass list; and
- h. ifwhen the probability is sufficiently low that the incoming message is found unlikely to be an unsolicited message, forwarding the message to the addressee.
- 6. (Currently Amended): A-The method as claimed in claim 5, wherein the step of updating a pass list includes updating the pass list with the a latest date on which a message has been sent to an address, for subsequent purging of addresses to which messages have not been sent within a predetermined period of time.
- 7. (Currently Amended): A-The method as claimed in claim 5, wherein the incoming message is deleted if when it—the probability is found probable sufficiently high that the message is an unsolicited message.
- (Currently Amended): A computer-readable medium program-comprising code means for regulating receipt of electronic mail comprising:
 - a. capturing an outgoing electronic mail message;
 - b. analysing the outgoing electronic mail message to determine an electronic mail address of at least one intended recipient of the outgoing electronic mail message;

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c. updating a pass list of electronic mail addresses with the at least one intended recipient of the outgoing electronic mail message;

- d. capturing an incoming electronic mail message;
- e. analysing the incoming electronic mail message to determine whether an electronic mail address of a sender of the incoming electronic mail message is a member of the pass list;
- f. passing the incoming electronic mail message to an addressee when the electronic address of the sender of the incoming message is a member of the pass list;
- 8.g. filtering the incoming message to analyse a probability that the incoming message is an unsolicited message when the address of the sender is not on the pass list; and
- h. when the probability is sufficiently low that the incoming message is an unsolicited message, forwarding the message to the addresseeperforming all the steps of the method of any of claims 5 to 7 when the program is run on one or more computers.
- 9. (new): The computer-readable medium as claimed in claim 8, wherein the step of updating a pass list includes updating the pass list with the latest date on which a message has been sent to an address, for subsequent purging of addresses to which messages have not been sent within a predetermined period of time.
- 10. (new): The computer-readable medium as claimed in claim 8, wherein the incoming message is deleted when the probability is sufficiently high that the message is an unsolicited message